



Colazione (Breakfast)

Saturday & Sunday
7-11 a.m.

la colazione (breakfast entrée)

TWO EGGS ANY STYLE

Served with Home Fries and Choice of Toast or Bagel

THE CLUB BREAKFAST

Selection of Cold Cereals with Milk Banana or Strawberries and a Short Stack of Pancakes with Warm Maple Syrup

SHORT STACK OF PANCAKES

Choice of Traditional, Blueberry, Strawberry or Chocolate Chip Pancakes
Served with Warm Maple Syrup

CREATE YOUR OWN OMELET

Choice of Eggs, Tomatoes, Onions, Spinach, Ham Mushrooms, Smoked Salmon, and a Variety of Cheeses
Served with Home Fries and Choice of Toast or Bagel

TUSCAN POACHED EGG

Ciabatta, Prosciutto, Tomato Basil Bruschetta

CHALLAH BREAD FRENCH TOAST

Served with Warm Maple Syrup

BAKED EGG PIZZA

Tomato, Pancetta, Mozzarella

RICOTTA LEMON PANCAKE

Strawberry Mascarpone Salad

TOASTED AVOCADO PINSA

Sliced Avocado, Buffalo Mozzarella, Hard-Boiled Egg, Baby Arugula, Tomato, Balsamic Reduction, Italian Aioli

AMICI 2-2-2

Two Eggs Any Style and Two Slices of Bacon
Choice of Two Pancakes, Two French Toast or Two Pieces of Toast
Amici 1-1-1 Select one of each offering

SMOKED SALMON PLATE

Your Choice of Bagel with a Side of Smoked Salmon, Sliced Tomato, Sliced Onion, Capers and Cream Cheese

CAPPUCCINO & CROISSANTS

Jelly and Butter

bodymind connection

AÇAÍ BOWL

Berries, Granola, and Honey

THE SPA MORNING

Fresh Seasonal Fruit Plate with Low-Fat Cottage Cheese
Served with a Side of Oatmeal and Raisins

HEALTHY START

Scrambled Egg Beaters or Egg Whites with Spinach,
Side of Grilled Tomato with Multigrain Toast

frullato (smoothie)

POST-WORKOUT PROTEIN POWER

Bananas, Peanut Butter, Chia Seeds, Protein Powder,
and Milk

BERRIES & OATS

Blueberries, Strawberries, Oats, Yogurt, Milk and Agave

DETOX BLAST

Apples, Oranges, Cinnamon, Nutmeg, Lemon Juice,
and Pineapple Juice

STRAWBERRY BANANA

Banana, Strawberries, Milk and Agave

CREATE YOUR OWN SMOOTHIE

Choose Any of Your Favorite Ingredients
to Make a Smoothie

contorni (sides)

BACON, SAUSAGE OR HAM

FRESH FRUIT BOWL

OATMEAL WITH RAISINS

with Berries or Nuts

COLD CEREAL SELECTION

Strawberries or Blueberries

HOME FRIES

BAGEL

with Cream Cheese or Jelly

TOAST

Choice of White, Wheat, Rye Multigrain or English Muffin

bevande (beverages)

JUICE Large Small

Apple, Cranberry, Grapefruit, Orange, Tomato

AMERICANO

ESPRESSO

DOUBLE ESPRESSO

CAPPUCCINO

MACCHIATO

CAFE LATTE

HOT TEA

HOT CHOCOLATE

All prices are subject to 7 percent Sales Tax

CONSUMER ADVISORY: Consumption of undercooked meat, poultry, eggs, or seafood may increase the risk of food-borne illnesses.